

太極劍
TAI CHI SWORD
(CHIEN)

1990.2.

1. Starting Position 起勢
2. Step Forward Moving Sword and Hand Together 上步合劍
3. The divinity points the Way 仙人指路
4. Three rings around the moon 三環套月
5. The major "Literary Star" 大魁星
6. The swallow beats the water (with his wings) 燕子抄水
7. Block and sweep. Right and Left. 左右攔掃
8. The minor "Literary Star" 小魁星
9. The wasp enters the cave 黃蜂入洞
10. The alert cat catches the mouse 靈貓捕鼠
11. The dragonfly strikes the water 蜻蜓點水
12. The swallow returns to the nest 燕子入巢
13. The phoenix spreads its wings 鳳凰展翅
14. (Clockwise whirling wind) minor "Literary Star" (右旋風) 小魁星
15. (Counter-Clockwise whirling wind) attitude of awaiting the fish (左旋風) 等魚式
16. Dividing the grass in search of the snake 撥草尋蛇
17. Embracing the moon 懷中抱月
18. The birds return to the forest 宿鳥投林
19. The black dragon wags his tail 烏龍擺尾
20. The wind rolls the lotus leaf 風捲荷葉
21. The lion shakes his head 獅子搖頭
22. The tiger holds his head 虎抱頭
23. The wild horse leaps over the stream 野馬跳澗
24. Turn your body to stop the horse (turn and rein in) 翻身勒馬
25. The compass 指南針
26. Wave the whisk-broom against the wind 迎風揮塵

